



# BEAUTY STUDIO

MEDI SPA

BEAUTY • WELLBEING • AESTHETICS

# Welcome to Beauty Studio MediSpa

We're a multi-award-winning clinic offering exceptional skincare, aesthetic, beauty and spa treatments.

Our newly refurbished luxury space offers clinical, cutting-edge treatments provided by highly qualified and experienced therapists.

## So what makes us unique?

We stay ahead of the game by researching and investing in the latest advanced technology recognised as the best in the industry.

We are an aesthetician-based clinic. Our dedicated and passionate team strive to surpass your expectations and undertake regular on-going training to ensure they are certified to our MediSpa standards.

Every client is different, and there are no one-size-fits-all treatment solutions. As such, our friendly and knowledgeable staff offer truly bespoke experiences tailored to your desires and requirements. We're with you every step of the way! No matter what treatment you choose, our goal is to have you leave us feeling happy, recharged, pampered, and relaxed.

Want to receive special offers, see before and after treatment photos, enjoy expert tips, or hear about new treatments and product launches? Sign up for our newsletter or follow us on Facebook and Instagram.

With sincere thanks,



**Sandy Hamber**  
Director

## Meet our experts

Each and every highly trained therapist and technician at the MediSpa is here to offer you a warm welcome, an incredibly professional service, exceptional treatments and the very best advice.

## Our Essential Beauty Team

Thanks to the amazing skill, mastery and precision of our Essential Beauty Team, we offer a range of lash, brow and nail services developed to provide long-lasting results. We focus on treatments that don't compromise natural health and strength - working in harmony with your body, not against it.

## Our Therapists

Carefully selected for their knowledge, expertise, passion and warmth, our therapists strive to educate our clients when it comes to making the right product and treatment choices.

All of our team are enthused to continue on their learning journey, with ongoing continued professional development and specialisms.



## Skin Spa Facials

IMAGE	4
Clarins	5

## Skin Health & Ageing Well

Bespoke Skin Consultation	6
AlumierMD	7
Geneo+ (4 In 1) Super Facial	8
Limelight Skin Rejuvenation	10
Laser Genesis	12
Radio Frequency Facials	14
Advanced Nutrition Programme	15
Plasma Pen	16
Hydrafacial	18
MediSpa Bespoke Facials	20

## Skin Boosting Injections

Prophil®	22
SuneKos	23

## Blemishes & Veins

Skin Tags & Millia	24
Cyropen	24
Coolglide® Veins Face & Body	25

## Aesthetics

Non-Surgical Clinic	26
---------------------	----

## Spray Tanning

St Tropez	27
Xen Tan	27

## Hair Removal

Threading	29
Electrolysis	29
Hot wax	29
Tea Tree Warm Wax	29
Laser Hair removal	30

## Hands & Feet

Manicures & Nail Enhancement	32
Foot Care & Pedicures	32

## Bodycare & Slimming

Lipofirm Pro	34
EMSCULPT®	35

## Lashes & Brows

HD Brows	36
Fluffy Brow	36
LVL Lash Lift	37
Lash & Brow Tinting	37

## Ear Piercing

Safe Sterile Ear Piercing	37
---------------------------	----

## Clarins Bodycare & Massage

Massage Treatments	38
Mother-to-be	39

## For Men

Facials & Massage	40
Waxing	40

## Treatment Packages

Clarins & Jessica Total Indulgence Programme	41
Clarins & Jessica Stress Recovery Experience	41
Clarins Face & Body Ritual	41

## Permanent Makeup

Eyes, Brows & Lips	42-49
--------------------	-------

## Gallery

Before & After	50-55
----------------	-------

## About Us

Easy Treatment Guide	56
Booking Appointments	58
Tips & Etiquette	58
Loyalty Scheme	58

## WHERE DO I START?

Not sure where to start? Head to our Easy Treatment Guide on page 56



# IMAGE Facials

Beautiful skin starts with healthy skin

Healthy skin is a lifelong journey, one that requires care, attention and expertise. Our IMAGE Facials go beyond quick fixes and surface level products using medical grade skincare that works for every skin need, condition and type. IMAGE Facials use an evidence-based approach to decelerate and reverse the ageing process and treat blemishes and acne. Whatever your skin's challenge, IMAGE treatments are proven and effective with an emphasis on relaxation too.

**Every Image product purchased at The Medi Spa will earn you points towards Image Treatments**

## 02 Facial 1hr - £75.00

**A luxury Spa Facial to exfoliate, illuminate and oxygenate.** The gorgeous IMAGE 02 Facial releases fresh, healthy skin that has been hidden below layers of older skin cells. The process is gentle and invigorating, creating radiant, glowing skin.

## Illuminating Facial 1hr - £86.00

**A luxury treatment that helps correct all forms of pigmentation without irritating the skin.** This treatment diminishes dark spots by utilising the latest innovations in lightening and exfoliating technologies, for instantly brighter and revitalised skin. Skin tone is immediately improved, providing a glowing, radiant complexion. The IMAGE Illuminating Facial is perfect for all skin types.

## Antioxidant Anti-ageing facial 1hr - £86.00

**After just one treatment you'll know why Vitamin C is a must-have anti-ageing ingredient.** This rejuvenating treatment lightens, brightens and tightens the skin while soothing botanicals reduce redness and add vital hydration. Fine lines and wrinkles are plumped and smoothed for an instant Age later® transformation. This treatment combines IMAGE revolutionary Tri-C Complex™ with correcting hydroxy acids, powerful peptides, stem cells and a unique blend of intensely hydrating ingredients to treat rosacea, dry/dehydrated, ageing and sun damaged skin.

Applying vitamin C to the skin is 20 times more effective than ingesting it orally

## The Max Stem Cell Facial 1hr - £86.00

**A luxurious facial to target fine lines and wrinkles, loss of elasticity and dull sallow skin.** Combines a blend of pumpkin, pineapple, and papaya fruit enzymes with peptides to rebalance and regenerate. Plant stem cells recharge your skin's stem cells helping maintain glowing and youthful skin.

## Teen Facial 1hr - £86.00

**Address early signs of acne, blocked pores & unbalanced skin.** Includes an enzyme peel with pumpkin, papaya and pineapple to rebalance and restore. Followed by Blue LED light Therapy to destroy bacteria trapped in hair follicles. Can include optional steam & manual pore extraction.

NEW

## Signature Lift Vitamin C Enzyme Peel 45mins - £85.75

**Created to brighten and firm your skin leaving it rejuvenated and revitalised.** With a blend of highly potent Vitamin C and Polypeptides to brighten and tighten your skin, this nourishing four-layer Enzyme Peel will leave your skin rejuvenated and revitalised. Ideal for all skin types including skin showing the signs of ageing, rosacea and sensitive skin.



BEAUTY STUDIO loves

# Clarins Skin Expert Facials

The perfect treat for soothing and re-energising your skin

Cleanse and nourish your complexion with our gorgeous range of luxury facials. Whether you have an oily, dull or sensitive complexion; we've got an **Expert Facial Treatment** that's perfect for your skin.

## Power Hydrator 1hr 15mins - £78.00

**Like a long drink for the skin,** this feel-good treatment pampers dry, fragile skin types - relieving tightness, plumping out fine lines and restoring comfort, softness and radiance.

## Youth Expert 1hr 15mins - £78.00

**Whether it's hormonal changes, pollution, stress or any other cause,** after a thorough skin diagnosis, your therapist will tailor the treatment to your specific concerns and skin type. Leaving you with fresh and glowing skin.

## Anti-blemish Rescue 1hr 15mins - £78.00

**This detoxifying, purifying treatment is perfect for oily or combination skin types.** Impurities will be gently removed; shine will be reduced, and pores will appear tightened. Embrace clear, refreshed and rebalanced skin.

## Moisture Quencher 1hr 15mins - £78.00

**Helps restore comfort, softness and moisture to dry and dehydrated skin.** This multi-level hydration treatment gives intense nourishment for dry and weakened skin. Dehydration lines are plumped, and feelings of tightness disappear. Your skin feels wonderfully soft and supple with its radiance restored.

## Radiance Booster 1hr 15mins - £78.00

**This glowing treatment will hit the refresh button on tired, lacklustre skin, delivering a double shot of radiance and hydration.** Microcirculation boosting massage and targeted products will work to create deliciously plump, luminous skin.

## Skin Soother 1hr 15mins - £78.00

**Calm and soothe sensitive skin with this highly effective, nurturing treatment.** You'll feel immediate comfort and see a reduction in redness and irritation. Your skin will be left strengthened and radiant.

## Ultra Relaxing Facial 1hr - £58.50

**This game changing facial works to soothe the mind and rejuvenate the skin.** Offering a complete digital detox, it synergistically combines guided breathing exercises, deeply relaxing Ayuroma touch massage and calming essential oils to disconnect you from the stresses and strains of the outside world and reconnect you with yourself. The mind rebalances and refocuses, the skin loses tension lines and regains a relaxed radiance. Pure bliss!

MAKE IT EXTRA *luxurious*

**Add a 15 minute Back & Neck Massage/Scalp Massage to any Clarins Facial for an additional £15.00**

**Add DiamondTome Microdermabrasion for deep exfoliation, increased radiance & Instant smoothness £25.00**





# Rethink your skin health

Say hello to your healthiest most radiant skin

Did you know that most facials only treat the outer layer of your skin? Our **Skin Health and Ageing Well Facial Treatments** are designed to affect skin at a cellular level, going beyond quick fixes and surface level products. Sourced with intention, we use only evidence based and clinically proven technologies combined with medical grade skin care to transform your skin. We can improve almost every skin need, condition and type.



Want to visibly improve your skin health? We recommend a **Bespoke Skin Consultation** with one of our skin experts to ensure you are on an effective personalised treatment plan that targets your specific needs.

## Bespoke Skin Consultation

**£35.00** Redeemable against any recommended products or treatments

**This allows us time to explore in depth your personal goals, skin health, homecare routine, overall wellbeing and lifestyle.**

We can then determine the external and internal factors affecting your skin and create an effective personalised treatment plan, setting you on a journey towards your healthiest, most radiant skin ever.

## NEW AlumierMD

Science-backed products and luxurious formulations that reveal luminous skin

We've welcomed a new skincare and treatment range to the MediSpa! AlumierMD uses active ingredients to create prescription-strength solutions that treat a variety of skin concerns and conditions. Look no further for skin that's radiant, clear, smooth, and toned in appearance!

Book your Bespoke Skin Consultation today

### Initial Enhancement Mask

45mins - **£75.00**

Ideal for those starting their peel journey, treatment sessions include an enhancement mask to condition skin and boost its resilience.

### Initial Peel

45mins - **£100.00 (includes Post Procedure Kit)**

Using lactic acid and/or salicylic acid, this peel treatment gently exfoliates and lightly rejuvenates the skin.

### Advanced Peel

60mins - **£115.00 (includes Post Procedure Kit)**

This two-step protocol uses a peel and enhancement mask or booster to rejuvenate skin and create a smoother, brighter, and clearer complexion.

### Advanced Peel Plus

60mins - **£125.00 (includes Post Procedure Kit)**

This three-step treatment is designed to effectively rejuvenate the skin at multiple levels. Comprises an enhancement mask, peel and booster to create a brighter, smoother, and retextured complexion.

### POWER+

60mins - **£135.00 (includes Post Procedure Kit)**

Created for those with more resilient skin and prior peel experience, this intensive treatment uses a potent combination peel to efficiently rejuvenate at multiple layers. It comprises an enhancement mask, multi-layer peel, and booster to refine and retexture the skin.



# Gene0+ (4-in-1) SUPER FACIAL

Immediately visible skin improvement  
and long-term rejuvenation

Patented and clinically proven the Geneo+ (4in1) Super Facial combines exfoliation, oxygenation, nourishment and skin tightening with the infusion of essential revitalising ingredients for deep facial rejuvenation. This relaxing and non-invasive facial provides immediately radiant, glowing and firm skin from the first treatment.



*Perfect* TREATMENT FOR...

- Plumping • Hydrating • Restored Volume • Wrinkles • Youthful Glow
- Firming • Collagen Boosting • Pigmentation • Purifying
- Textural Concerns • Brightening



## How it works...

The unique treatment is based on 4 innovative OxyPods - Balancing, Hydrate, Revive and Illuminate. They combine ground-breaking concepts in biology, chemistry and technology all within one little capsule. Choose the facial with the right OxyPod for you.

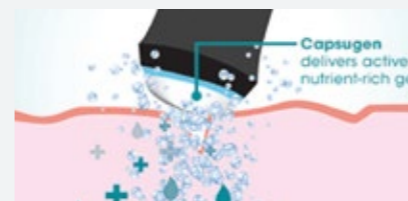
### 1 Exfoliate

Similar to microdermabrasion, the Geneo+ exfoliates the upper skin layer to remove dead cells, smooth and renew the skin, preparing it to receive active nutrients. The Geneo+ is safe on all skin tones and can treat sensitive skin without any irritation.



### 2 Infuse

Through our exclusive OxyPods, the Geneo+ cleanses the skin while infusing nutrient-rich active ingredients. You choose between four different OxyPods.



### 3 Oxygenate

The Geneo+ produces CO2 bubbles which gently burst on the skin surface creating a physiological response, sending oxygen-rich blood to the area, increasing capillary flow and skin metabolism. Oxygenation results in optimal absorption of active ingredients.



### 4 Tighten

Tripolar Radio Frequency is used to stimulate fibroblast activity to produce collagen formulation and immediately tighten collagen fibres for tissue retraction in the skin.

#### BALANCE Charcoal Facial

1hr - **£95.00**

**Purifies and soothes oily skin, improving its texture and appearance.** Balancing oily skin has never been easier. The Geneo Balancing OxyPod includes Bamboo Charcoal for a detoxifying effect, Camu-Camu extract for vitamins and antioxidants, and Mandelic Acid for treating acne-prone skin.

#### REVIVE Red Algae Facial

1hr - **£95.00 (treat the neck add on £25.00)**

**Perfect to treat the signs of aging...** Refreshes dull skin, reduces fine lines and improves overall skin texture and appearance. The Geneo Revive OxyPod includes Red Algae, a powerful antioxidant with an anti-aging effect as well as Caffeic Acid and Retinol, known to treat the signs of aging and assist in skin rejuvenation. This treatment effectively encourages collagen production too to further reduce the signs of ageing.

#### HYDRATE Blue Spirulina Facial

1hr - **£95.00 (treat the neck add on £25.00)**

**Refreshes and revives dry and dull skin, leaving it moisturised, glowing and replenished.** The Geneo Hydrate OxyPod has an extraordinary combination of advanced ingredients with powerful antioxidant, stimulating, skin conditioning and boosting agents working together to hydrate, replenish and improve skin's moisture retention abilities.

#### ILLUMINATE Skin Brightening Facial

1hr - **£95.00 (treat the neck add on £25.00)**

**Unifies skin tone, improves pigmentation and rejuvenates the skin.** The Geneo Illuminate OxyPod includes Kojic Acid and Vitamin C for an even skin tone effect, as well as Opuntia Fruit Extract and Carrot Extract to moisturise and smooth the skin. Powerful brightening ingredients such as Tree Bark extract and Amino Acid derivatives allow your skin to glow.



# Limelight Skin Rejuvenation

Uses non-invasive Intense Pulse Light (IPL) technology to provide total skin rejuvenation

LIMELIGHT evens out the complexion, firms the skin and balances facial colour and tone. So, whether it's tiny facial veins giving you a permanent redness, or sunspots and pigmentation, LIMELIGHT will reduce and remove them. It also stimulates new collagen synthesis, to leave you with an overall healthier, clearer and more radiant looking skin.

## What happens during treatment?

During treatment the first programme is selected and a light is passed across the skin, which is absorbed by the sun spots/pigmentation and blood vessels. This creates heat and denatures the unwanted problem area causing it to either flake off (age spots) or be reabsorbed (blood vessels). Next, a different programme is selected and a light is again passed across the skin. This works on a deeper level and stimulates new collagen production for complete skin rejuvenation.

## Does it hurt?

You may experience a mild pinching or stinging sensation.

## What is the appearance of the skin after treatment?

Sunspots will immediately go darker and then flake off approximately one week after treatment. Small veins will often disappear immediately after treatment.

## How do I book?

Consultation and patch test required prior to treatment. **£30.00**



Neck / Face / Decollete	<b>£132.00</b>
Full Face & Neck	<b>£198.00</b>
Shoulders	<b>£212.00</b>
Hands	<b>£95.00</b>
Hands and Forearms	<b>£224.00</b>
Full Arms	<b>£310.00</b>
Individual Age Spots (Up to 3)	<b>From £70.00</b>

See more  
real results  
on page 50

## REAL RESULTS *you can see*



Sunspots



Veins & Pigmentation



Veins & Pigmentation



## Perfect TREATMENT FOR...

- Sunspots • Age Spots • Pigmentation • Poikiloderma (brown/red marks on the sides of neck)
- Facial Veins & Redness • Rosacea





# Laser Genesis

Laser Genesis is our hero treatment with many skin improving benefits

Using non-invasive light technology, Laser Genesis reduces vascular conditions and inflammation, successfully treating acne and rosacea. Laser Genesis also stimulates collagen and elastin synthesis thus reducing scars, large pores, lines and wrinkles for an overall skin perfecting and polishing effect.

## Does it hurt?

Most clients describe the sensation similar to lying in the sun and many describe it as relaxing and therapeutic.

## What is the skin's appearance after treatment?

Typically, you won't need any downtime. You can expect a little redness and mild swelling, but this usually only lasts an hour or two so there's no need to take time off work, and you can resume normal activities thereafter.

## When will I see results?

You'll see brighter skin immediately, along with reduced facial redness, pore size and fine wrinkles. If you've had active acne outbreaks, you should see reduced inflammation, less deep congestion and a decrease in the number of active cysts within a week or two. On average three to six treatments are needed to achieve optimal results. Laser Genesis can help restore the skin's youthful glow and appearance by smoothing out uneven texture caused by ageing, sun damage or scars.

## How do I book?

Please note that a consultation and patch test is required prior to treatment **£30.00**

Laser Genesis Skin Therapy  
45mins - **£103.00**

HydraGenesis  
1hr 30mins - **£185.00**

NEW

**Combines HydraFacial Signature (page 18) with Laser Genesis.** Non-invasive treatment to reduce lines, wrinkles, redness, acne, blemishes, scarring, large pore size & leave skin with an incredible glow.

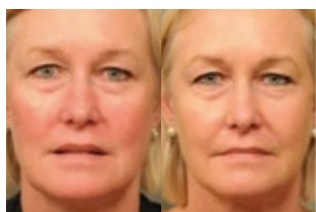
CUTERA 2D Skin Rejuvenation  
1hr 15mins  
Full face **£210.00** | Full face & Neck **£295**

NEW

**Targets the primary signs of ageing skin at two levels by combining Limelight® IPL Photofacial and Laser Genesis®.** Limelight IPL treats surface-level skin imperfections such as sun spots, redness, veins, and pigmentation. Meanwhile, Laser Genesis delivers heat deep into the skin to stimulate collagen production and help fight fine lines and wrinkles and improve skin laxity.

The sun's rays are equally strong on a sunny and cloudy day, so make sure you use a medical grade sunscreen every day. We recommend **AlumierMD Broad band Spectrum Sunscreen SPF40.**

## REAL RESULTS *you can see*



Rosacea



Broken capillaries & ageing concerns



Active Acne



## Perfect TREATMENT FOR...

Rosacea • Uneven Skin Texture  
Fine Lines & Wrinkles • Acne  
Scar Reduction • Reduces Pore Size  
Reduces Inflammatory Active Acne  
Facial Redness & Flushing • Melasma





## Radio Frequency (RF) Facials

Radio Frequency stimulates the healing response in the skin, encouraging it to produce collagen and elastin – both vital elements for firm and healthy skin

We have a range of clinically proven facials combining Multi-Polar Radio-Frequency and Magnetic Technology. These treatments work to stimulate your own collagen production and increase oxygen within the skin, improving cell regeneration for immediate and long-lasting lifting, firming and plumping results. These treatments are all about improving facial contour, firmness and lift.

### Tri Polar RF Facial with DMA (Dynamic Muscle Activation) 1hr - £98.50

**Stimulates your own collagen production, improving cell regeneration for immediate long-lasting firming, lifting and plumping.** Includes DMA technology to stimulate the muscles in the lower half of the face. Combined with our Double action cleanse, hot towels and an active complex containing Vitamin C, Plant Stem Cells and potent anti-oxidants. Treatment will leave skin looking and feeling firm and rejuvenated.

### HydraTYTE 1hr 45mins - £240.00



**Combines HydraFacial Personalise ( page 18) + Tri-Polar RF Facial + DMA.** This really is the ultimate anti-ageing treatment! These two cutting edge treatments are blended together to provide a skin solution that works both on the surface and at a cellular level. Customised to your concerns for your healthiest most radiant skin ever!



### ABSOLUTE RF Facial + DMA 1hr - £325.00 (2 treatments - £510.00)

**Designed to create maximum anti-ageing results with minimum downtime and discomfort!** Needles penetrate the skin at different depths passing Radio Frequency into the deeper layers of the skin to deeply regenerate new collagen, elastin and hyaluronic acid. Finishes with an application of medical grade hyaluronic acid and growth factor to expedite healing and collagen stimulation.

Result – A smoother surface skin texture, reduction in fine lines and wrinkles and an overall tightening, firming and lifting effect. Super charges circulation so you will look and feel 'flushed' immediately after treatment. In most cases this subsides within 12-24 hours.

#### REAL RESULTS *you can see*



**Absolute RF Facial**  
More results images can be viewed in our treatment gallery on page 51



## Advanced Nutrition Programme

Feed skin from within

**For glowing, healthy skin, it's essential to approach it from two angles: outside and inside.** To help our clients achieve their best-ever skin, we've introduced the Advanced Nutrition Programme™. This award-winning range of expert-led, innovative supplements works to nourish skin from within.



The Advanced Nutrition Programme™ offers potent supplements for various skin concerns. So, whether you're looking for daily overall skin support or something to help tackle signs of ageing, dehydration, acne, or sensitivity (and more), this range has you covered.

The capsules are packed with different nutrients that research has shown can benefit our skin – such as omegas, vitamins A and C, antioxidants, and fish oils. There are also options for those who are vegan, vegetarian, gluten-free, or lactose-free.

Not sure which supplements are best for you? Book a **Bespoke Skin Consultation** with one of our in-house experts for guidance and recommendations.





## Plasma Pen

A cosmetic procedure that delivers surgical anti-ageing results...

Plasma Pen Fibroblast is a skin tightening treatment that delivers significant anti-ageing and rejuvenation effects. By targeting the deeper layers of the skin with plasma energy it shrinks, tightens and firms loose skin on all areas of the face and body. Plasma Pen is also an effective approach to tackling hooded lids and under eyebags. For years, the only effective option was surgery – an often unappealing prospect. Plasma Pen however is a particularly effective, non-invasive solution. This skin-tightening treatment is a type of ‘soft surgery’, which doesn’t require knives or incisions to the skin.

### What happens during a treatment?

A highly effective numbing cream is applied to the area of skin due to be treated. The procedure is then conducted using our Plasma Pen Fibroblast device. It works by delivering plasma energy onto the skin in tiny pinpoint flashes that cause skin fibres to immediately shrink and tighten, reducing excess skin in a safe and non-invasive way. Collagen production is also promoted, increasing skin firmness and elasticity for a more youthful appearance.

### Is there any downtime?

Straight after treatment you’ll experience some minor/moderate swelling which usually subsides in 2-3 days. Brown carbon dots will form which take around 5-7 days to fall off. (Longer on the body.) The treated area will appear pink for a few weeks, but this can be covered with make-up.

### How do I book?

A consultation is required prior to your treatment to discuss the process, answer any of your questions and assess your suitability. Cost **£35.00** redeemable against treatment.

### Face & Neck

Crow's Feet	<b>£280.00</b>
Upper / Hooded Lids	<b>£380.00</b>
Lower / Under Eye Bags	<b>£330.00</b>
Brow Lift (Dragon lift)	<b>£220.00</b>
Full Forehead Lift (inc. frown lines)	<b>£410.00</b>
Top Lip (smoker lines)	<b>£240.00</b>
Lower Chin and Smoker Lines	<b>£400.00</b>
Chin	<b>£230.00</b>
Jawline	<b>£380.00</b>
Cheek Lift	<b>£380.00</b>
Earlobes	<b>£180.00</b>
Half Face Lift	<b>£790.00</b>
Neck Bands / Crepey Neck Lift	<b>£420.00</b>
Full Neck Lift	<b>£780.00</b>

### Body

Bellybutton Area	<b>£220.00</b>
Half Tummy	<b>From £480.00</b>
Full Tummy	<b>From £600.00</b>
Knees	<b>£320.00</b>
Elbows	<b>£250.00</b>
Upper Arms (Bingo wings)	<b>From £550.00</b>

### Did you know?

**80%** of premature ageing is down to over sun exposure, unhealthy lifestyle and poor skin care regimes.

### That's good news...

It means with sensible lifestyle choices we can keep our skin looking young and healthy. For a simple daily skincare program always use UVA/UVB protection, and retinols and peptides to stimulate collagen production.

### Perfect TREATMENT FOR...

Hooded Eyelids • Under Eyebags • Fine Lines & Wrinkles • Plumping • Collagen / Elastin Boosting • Skin Tightening • Stretch Marks • Loose Skin • Ageing Skin • Jowl / Neck Lift





NEW

## Hydrafacial

Are you ready to glow? The ultimate skin detoxifying and deep cleansing experience using active botanical ingredients to deep cleanse, hydrate and reveal glowing skin

### There are 5 key stages to Hydrafacial

- 1 Detox**  
Begins with lymphatic drainage to improve circulation of the lymph system and help eliminate toxins.
- 2 Cleanse + Peel**  
Uncover a new layer of skin with gentle exfoliation and resurfacing.
- 3 Extract + Hydrate**  
Remove debris from pores with painless suction. Nourish with intense moisturisers that quench skin.
- 4 Fuse + Protect**  
Saturate the skin's surface with antioxidants and peptides to maximise your glow.
- 5 Rejuvenation**  
Finish with red and blue LED light to reduce redness and further stimulate collagen, supporting the natural production of vitamin D.

### Perfect TREATMENT FOR...

**Fine Lines & Wrinkles • Hydration  
Blocked Pores • Elasticity • Even Skin  
Tone • Vibrancy • Skin Texture • Oily  
& Congested Skin • Enlarged Pores**



### What sets Hydrafacial apart from other hydradermabrasion procedures?

Hydrafacial uses a unique, patented Vortex-Fusion delivery system to exfoliate, extract and hydrate skin. The spiral design delivers painless extractions.

### Is Hydrafacial right for you?

Yes. Hydrafacial doesn't have a skin type. Hydrafacial addresses all skincare needs.

### The treatments

#### Hydrafacial Signature

45mins - **£99**

Involves stages 2,3 and 4. This treatment will help boost hydration, refresh dull skin and protect against environmental factors, leaving your skin looking radiant.

#### Hydrafacial Platinum

1hr - **from £130.00**

The Platinum Facial includes all the benefits of the Signature, as well as Lymphatic drainage and LED Light Therapy.

#### Hydrafacial Personalise

1hr - **from £170.00**

This treatment involves the same 5 stages as Hydrafacial Platinum but is personalised by adding Enhancing Skin Boosters to target personal concerns such as fine lines, deep wrinkles, pigmentation, dark circles, sagging skin, acne or rosacea for further improvements in skin health and appearance.





NEW

## MediSpa BESPOKE Facial

Say hello to your healthiest  
most radiant skin

Did you know most facials only treat the outer layer of your skin?  
Our Bespoke Facials are designed to treat skin at a cellular level.

### *Perfect* TREATMENT FOR...

Rosacea • Sagging • Loss Of Firmness  
Facial Flushing • Redness • Blemishes  
Thread Veins • Skin Textural Concerns  
Large Pores • Pigmentation • Age Spots  
Loss Of Facial Contours • Acne • Scarring  
Sagging Jowls • Dull Skin • Melasma



Going beyond quick fixes and surface level products. Complete customisation is what sets these facials apart. We combine a skin specific enzyme or chemical peel with our clinically proven, high-tech therapies so you can achieve your healthiest and most radiant skin ever. Our Bespoke Facials are offered at a reduced cost when compared to booking the individual technologies, so you can benefit from high-tech treatments at a more affordable price.

With an emphasis on relaxation...  
Effective from your first  
booking and beyond...

MediSpa Bespoke Facial **from £145.00**

Prior to booking your Bespoke Facial we recommend a **Bespoke Skin Consultation**



## SKIN BOOSTING INJECTIONS

# Profhilo®

Moisturise your skin from the inside out!

An injectable anti-aging skin booster that improves skin elasticity, firmness and hydration. Particularly effective for firming and tightening the jowls, neck and lower facial contours.

### How does Profhilo® work?

Profhilo® is made from hyaluronic acid (HA), a substance found naturally within our skin that keeps it healthy and hydrated. As we age however our levels of HA deplete, resulting in fine lines, wrinkles and sagging skin. Profhilo® is injected just below the skin's surface where upon it spreads evenly through the skin, delivering an instant dose of hydration. The presence of hyaluronic acid in the skin also activates collagen and elastin production, taking up to 4 weeks to leave firmer and hydrated skin.

### Perfect TREATMENT FOR...

**Lines & Wrinkles • Crepey Skin  
Hydrating • Firming • Sagging Skin  
Collagen & Elastin Boosting  
Loose Skin • Tone & Texture  
Ageing Well • Firming Jowls,  
Neck and Hand • Decollette**



### Which areas can be treated with Profhilo®?

Treatment is suitable for all areas of the face, neck and hands but most commonly used around the eyes, cheeks, neck, jawline, jowls, décolleté and hands.

### What happens during a treatment?

Treatment involves a few strategically placed injections just below the surface of the skin to treat the area of concern.

### Can I have Profhilo® alongside other injectable treatments?

Yes! Profhilo® can be used in conjunction with other fillers or wrinkle relaxing injections.

### How many treatments are required?

2 treatments are needed, spaced 4 weeks apart. The first treatment of hyaluronic acid activates the collagen and elastin production, and the second treatment elevates the results.

### Do I need an allergy or patch test prior to my first treatment?

No! No pre-treatment tests are required.

### How long will results last?

The effects of Profhilo® remain visible for around 6 months.

**Results achieved with Profhilo® can be viewed in our treatment gallery on page 52.**

### REAL RESULTS you can see



Profhilo®  
£295.00 per session



## SKIN BOOSTING INJECTIONS

# Sunekos

An impressive and award-winning anti-ageing skin boosting injection to deeply hydrate, tighten and firm the skin.

Available in different grades to help the early signs of ageing, right through to advanced skin ageing requiring added volume and support.

### How does SuneKos work?

SuneKos is an injectable that's entirely different to 'filler' treatments. It uses a patented formula that combines amino acids (the essential building blocks of elastin and collagen) with hyaluronic acid. SuneKos regenerates the Extra Cellular Matrix (ECM) of your skin, deeply hydrating and plumping the treated tissue which in turn stimulates a process called 'dermal biogenesis'.

### The result?

A reduction in the severity of your wrinkles, hydration to both the superficial and deep layers of your skin, a desirable volumising effect and a dramatic boost to your elastin and collagen. Resulting in a plumper, smoother, firmer, more youthful-looking skin.

**Results achieved with SuneKos can be viewed in our treatment gallery on page 52.**

### There are two types of SuneKos

#### SuneKos 200 and SuneKos 1200:

- **SuneKos 200** is used to treat around the eyes, face, neck, chest and hands.
- **SuneKos 1200** is used in conjunction with SuneKos 200 if your skin needs extra structural support to improve sagging skin or if you have deeper, more advanced wrinkles. Your specific requirements will be assessed and discussed with you prior to the treatment.

### How many treatments will I need?

4 sessions, 7 to 10 days apart.

### Is there any downtime?

You may experience a small amount of bruising after your treatment. This usually subsides after a few days. Any post-treatment side-effects can be covered with makeup. Many clients experience no side effects at all.

### How long will the results last?

Approx. 6 months. Booster sessions or repeat procedures can be booked as required.

### Which areas can be treated?

Treatment is suitable for all areas of the face, neck and hands but most commonly used around the eyes, cheeks, neck, jawline, jowls, décolleté and hands.

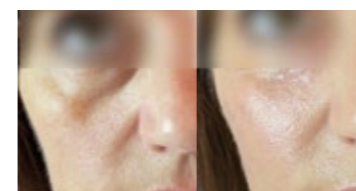
### Do I need an allergy or patch test prior to my first treatment?

No! No pre-treatment tests are required.

#### SuneKos

(3-4 treatments 7-10 days apart)	<b>£180.00 per treatment</b>
Course of 4 treatments	<b>£640.00</b>

### REAL RESULTS you can see



Under Eye

### Perfect TREATMENT FOR...

**Lines & Wrinkles • Crepey Skin • Hydrating •  
Loss Of Volume • Firming • Collagen Boosting  
• Loose Skin • Tone & Texture • Naturally  
Ageing Well • Dark Under Eye Circles**





## Skin Tags & Millia

We have a variety of technologies allowing us to treat unwanted blemishes safely.

### Skin Tags

Skin Tags are harmless, wobbly, flesh coloured or brown growths that project from the surrounding skin, varying in size from a pinhead to half the size of a pea.

### How are they removed?

Skin Tags can be removed by a method called Diathermy, which uses heat to cauterise the unwanted blemish.

### Does it hurt?

Some clients may experience some discomfort but treatment is carried out very quickly.

### How will it look after treatment?

The treated area will appear much smaller and darker then as the skin heals it will drop off usually after 7 days.

### Treatment

1-2 tags	<b>£50.00</b>
2-6 tags	<b>£90.00</b>
6-10 tags	<b>£107.00</b>

### Whitehead (Milia) Removal **From £22.00**

These unwanted hard, white spots are commonly found on the face and can be safely removed by gently lancing.



We can remove most skin tags, milia, small patches of keratosis, warts, age spots and sun spots. If you are unsure if your skin lesion is any of the above then please send a picture to [manager@bsmedispa.com](mailto:manager@bsmedispa.com) prior to making your appointment as there will be a min £30.00 charge even if we are unable to remove it for you.

## Cyropen

For the safe removal of Age/Sun Spots, Warts and Verrucae.

CryoPen is a really exciting innovation that has taken 13 years to develop. Safe and FDA approved, it's a quick and effective solution for removing a wide range of skin imperfections.

### How does it work?

The CryoPen emits an ultra-fine jet of nitrous oxide, allowing us to work with millimetre precision so there is no damage to your healthy skin tissue. The nitrous oxide reaches temperatures of -89 degrees causing rapid freezing and cryonecrosis (destruction) of the unwanted cells of the lesion.

### What happens during a treatment?

The fine jet of nitrous oxide is aimed at the unwanted lesion for a few seconds. The cold nitrous oxide has an analgesic effect so treatment is usually quite comfortable. Over the next few days a slight crust may form where the lesion was, which will heal in 1-3 weeks.



### Consultation & Treatment

Up to 5 lesions	<b>£75.00</b>
5-10 lesions	<b>£112.00</b>

# Coolglide® Laser Vein Removal for Face & Legs

Quickly, safely and effectively treat blue, purple and red thread veins with our clinically proven Cutera CoolGlide laser

This state-of-the art aesthetic technology enables us to achieve great results on our clients, at an incredibly reasonable price compared to visiting a doctor or surgeon. We have 10 years' experience offering laser vein removal at the MediSpa.

### WHY WE *love it!*

**Safe, clinically proven results • Cost effective • Average 1-3 sessions per area • Treats blue, purple & red thread veins on face & legs • NOT suitable for varicose or veins that protrude from the skin**

### How does it work?

The CoolGlide system delivers pulses of non-invasive light energy to heat the blood vessels and coagulate the blood in the unwanted vein. Your body then sees the targeted vein as a foreign "object" and your own immune system then breaks down and absorbs the vein leaving little or no trace of the original lesion.

### How many treatments will I need?

1-3 treatments are usually sufficient. However, the number of treatments necessary depends on the number, colour and size of the vessels being treated.

### How do I book?

Consultation and patch test required prior to treatment. Cost **£30.00**

### Cutera CoolGlide

**Can be used to treat veins on the face and body**

Consultation and patch test per area	<b>£30.00</b>
Per session	<b>from £145.00</b>

### Spider Nevi and Cherry Angioma (Red Dots)

Cost per session **from £70.00**

Red dots that appear commonly on the face and chest area can be safely and quickly treated with our CUTERA Laser.



### REAL RESULTS *you can see*



Veins Removal - Face



Thread Vein Removal - Legs



Vein Removal - Face





# Non-Surgical Clinic

## Achieving natural results

For our full range of non-surgical treatments and prices please visit our website.

### What are Anti-Wrinkle Injections?

Anti-Wrinkle Injections cause relaxation of the muscles of the face in order to smooth out, and prevent formation of wrinkles. The injections contain Botulinum Toxin Type A, commonly referred to as 'Botox'

### What does the procedure involve?

The procedure takes around 10 minutes, where the treatment areas of your choice are injected with a small needle. The procedure is relatively painless.

### Which areas can be treated

- Forehead
- Crows Feet
- Frown lines (between the eyebrows)
- Smokers Lines
- Bunny Lines
- Neck (Platysma bands or trunk lines)

### Anti-Wrinkle Injections

One area	<b>£250.00</b>
Two areas	<b>£300.00</b>
Three areas	<b>£350.00</b>

**Duration of Results:** 3-4 Months

**Back to work:** immediately

### REAL RESULTS *you can see*



Botox

### What are Dermal Fillers?

As our skin ages it loses its collagen, elastin and hyaluronic acid. These act as the main support system for our skin keeping it looking firm, full and smooth.

Dermal fillers are substances that are injected just below the skin and are used to help fill lines & wrinkles as well as replace the loss of firmness that has occurred due to our skin aging.

### Which areas can be treated?

- Cheek enhancement
- Nose correction
- Nose to mouth lines
- Lip enhancement and definition
- Chin enhancement
- Lines between the eyebrows
- Jawline
- Temples

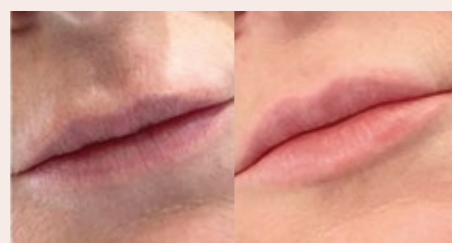
### Dermal Fillers

Ravanesse & Juvederm (1ml)	<b>from £350.00</b>
Lip Enhancement	<b>from £350.00</b>
Lip Hydrator	<b>£300.00</b>

**Duration of Results:** 12-15 Months

**Back to work:** immediately

### REAL RESULTS *you can see*



Dermal Fillers

For other aesthetic treatments offered visit [bsmedispa.com/nonsurgicalclinic](https://bsmedispa.com/nonsurgicalclinic)

# Spray tanning

Enjoy a gorgeous, natural-looking tan all year round without worrying about the dangers of exposure to the sun

It's quick! Takes just 10 minutes and dries instantly, plus it's virtually odour free!

Instantly feel better and look slimmer too!

We offer a range of celebrity award-winning spray tan mists

### St Tropez Express

**£29.50**

#### No more waiting for your tan to develop!

A revolutionary spray tan, which develops into a beautiful, natural looking tan in 3 hours! To achieve a darker tan, simply leave on for up to three hours then rinse off the colour guide to reveal the tan.

### Xen Tan

**£29.50**

**Compliments all skin tones.** A unique, moisture-rich formula with a fresh fragrance. Thanks to a unique time-release ingredient, it includes more active tanning ingredient than ever before so you can enjoy a longer lasting, even tan that complements your skin tone and fades evenly too.

Please note: If you haven't had a spray tan with us before we allow an extra 15 minutes to discuss the tan most suited to your skin. Please let us know at the time of booking if it's your first spray tan.

ACHIEVE THE *best tan possible*

Follow our simple pre and post care advice for a tan that will fade naturally and evenly. Visit [bsmedispa.com](https://bsmedispa.com)





## Unwanted Hair

We invite you to come in for a private consultation with one of our specialists

### Threading

A quick and easy instant hair removal technique ideal for facial hair.

Lip	<b>£13.00</b>
Lip & Chin	<b>£17.25</b>
Brows	<b>£16.00</b>

- Instant facial hair removal
- Quick, precise and effective
- Gentle – ideal for sensitive skin

Unwanted facial hair can be removed instantly and gently with the ancient art of Threading - A hair removal technique from Asia. Threading enables very precise hair removal that does not impact the skin.

### Electrolysis

For the permanent removal of unwanted hair.

15 minute session	<b>£20.00</b>
30 minute session	<b>£31.00</b>

- Free consultation available
- Suitable for small areas of hair removal, fine or coarse hair
- Can be combined with laser to treat white/blond hairs that won't respond to laser hair removal

Electrolysis provides permanent hair removal, causing hair to become finer after each treatment. Disposable gold needles are used to ensure comfort and hygiene.



### 'Hot' Wax

A more gentle way to remove hairs as short as 1-2mm.

Lip Wax	<b>£13.00</b>
Lip & Chin Wax	<b>£16.00</b>
Eyebrow Wax	<b>£14.00</b>
Bikini Wax	<b>£16.00</b>
High Bikini	<b>£21.50</b>
Underarm	<b>£14.50</b>
Brazilian Waxing	<b>£40.00</b>
Hollywood	<b>£41.50</b>

Unlike other waxes, prior to application pre-waxing oil is applied to the area to act as a barrier between the skin and the wax. The wax is then able to grip and shrink wrap tightly around the hair and not stick to the skin. This results in a less painful experience with little or no redness afterwards, excellent for even the most sensitive skin and giving long-lasting results. Recommended for underarm, bikini-line and facial waxing.

### Natural Formula Warm Wax

For waxing larger areas.

Forearm Wax	<b>£14.00</b>
Full Arm Wax	<b>£22.50</b>
Half Leg	<b>£20.25</b>
Half Leg & Bikini Wax	<b>£30.50</b>
Half Leg Bikini & U/Arm	<b>£38.50</b>
Top Half Leg Wax	<b>£28.00</b>
Three Quarter Leg Wax	<b>£28.00</b>
Full Leg Wax	<b>£36.00</b>

Other waxing combinations available at discounted prices



# Laser Hair Removal

Our NEW MD Diode 3 laser is the most advanced, safe and effective technology available today. Offering fast and permanent hair reduction on all areas of the face and body

Wouldn't it be wonderful to never have to think about shaving, waxing or unwanted hairs ever again! Thanks to its synergistic technology our new MD Diode 3 is a breakthrough in laser hair removal. Combining truly unparalleled functionality with advanced cooling, to offer superior results. Affordable, safe and virtually pain-free.

## How does it work?

Featuring triple wavelength technology, the MD Diode 3 combines the 3 most effective laser wavelengths into one single applicator that simultaneously target different tissue depths and anatomical structures within the hair follicle. By combining the absorption and penetration of 3 wavelengths with the increased comfort, the MD Diode 3 is the most safe and efficient technology available today.

## Does it hurt?

The MD Diode 3 uses SHR™ technology, the only clinically proven method of laser hair removal that is virtually painless and safe for all skin types, including dark and tanned skin. Its unique gradual heating effect 'stacks pulses' so the heat builds, effectively damaging the hair follicle and hindering re-growth, while preventing injury to the surrounding tissue.

## Who is it suitable for?

Each wavelength is suitable for different hair thickness and colours meaning treatment will be effective on all hair types and colours.

## How many treatments will I need?

Each treatment effects approx 30-35% of the active hair follicles. The average for a successful program is 8 treatments.

## How do I book?

Prior to treatment a consultation and patch test are required min 48hrs before treatment. Cost £28.00. This is redeemable against a course of treatment.

## 3 wavelength technology explained

**ALEX 755nm** The Alexandrite wavelength improves the amount of energy absorbed by the pigment in the hair making it ideal for all hair colours but particularly light-coloured, blond and fine hair. With increased superficial penetration, it's especially effective for fine hairs on the upper lip.

**DIODE 810nm** This classic hair removal wavelength offers deeper penetration of the hair follicle making it ideal for medium thickness hairs and with a moderate melanin absorption level, it is safe for darker skin types. It's ideal for treating the arms, legs and chin.

**YAG 1064nm** The YAG 1064 wavelength is characterised by lower melanin absorption, making it a perfect solution for darker skin types. With the deepest penetration of all the wavelengths, it's perfect for areas such as armpits and pubic hair.

### WHY WE *love it!*

- ✓ **3 wavelength technology**  
Effective for all skin types and hair colours
- ✓ **66% more power than equivalent proprietary systems**  
Optimum results and more comfort
- ✓ **High-frequency SHR technology**  
Pain-free treatments
- ✓ **Super-fast "Slide & Glide" delivery**  
Fast full legs in 10 mins



## Laser Hair Removal price list

Treatment Areas <small>(Prices shown are per treatment area)</small>	Single Treatment
Fingers / Upper lip / Toes / Cheeks / Nipples / Navel to Pubis / Peri Anal / Chin	£53.75
Sideburns / Hands (inc fingers) / Jawline / Under Arms / Neck	£64.25
Feet (inc toes) / Bikini / Upper Lip & Chin / Jawline & Chin	£77.25
Brazilian / Lower Arms / Upper Arms / Abdomen / Upper Lip, Chin & Jawline	£99.95
Chest / Buttocks / Beard / Half Face / Half Back or Hollywood (inc peri anal)	£110.25
Full Face / Lower leg	£136.25
Thighs / Full Arms / Full Back / Full Face & Front of Neck	£150.00
Full Leg / Full Back & Shoulders	£224.25
Full MALE Back	£184.25
Patch Test (Course of 6 treatments has the patch test deducted)	£28.00

Ask our team to find out more about large savings on Laser Hair Removal course prices





## Hand Care & Manicure

Instantly improve the appearance of your hands and cultivate beautiful, healthy nails with one of our natural nail services

### OPI Express Manicure 30mins - **£26.75**

Includes cuticle tidy, nails filed and shaped, hand cream and an immaculate application of polish.

### Express Manicure + OPI GEL Polish 30mins - **£33.50**

### OPI Treatment Manicure 45mins - **£35.50**

Includes a cuticle soak and tidy then nails are filed and shaped. Hand and arm exfoliation is followed by a luxury massage. Finished with an application of polish.

### Treatment Manicure + OPI GEL Polish 45mins - **£41.75**

### The BIAB Gel Bottle Manicure 30mins - **£36.00**

**For incredible staying power on the most hard working of hands.** Cuticle work, file, shape and an application of BIAB (builder in a bottle) gel is used for added strength on natural nails. Includes an application of gel polish colour. Long-lasting formula – less chipping or lifting. Designed to keep natural nails strong and promote natural nail health.

## Foot Care & Pedicures

Our wonderfully relaxing pedicures will leave your feet soft and smooth with glowing skin and gleaming toe nails

### Jessica Express Pedicure 30mins - **£28.25**

**Includes a foot cleanse with hot towels, toe nails filed and shaped plus cuticle tidy.** Jessica Intense Silkening Foot Lotion is then massaged in for super hydration, leaving you with smooth and supple tootsies. Toe nails are then immaculately polished.

### Jessica Express Pedicure + OPI Gelcolor 30mins - **£33.50**

### Jessica Classic Pedicure 45mins - **£40.50**

**For when all the important stuff is needed!** Feet are soaked in a relaxing foot spa and hard skin is removed with a foot rasp. Next? Cuticle tidy and nails filed and shaped, then skin is hydrated with an application of Jessica Heaven Silkening Foot Lotion. To top it all off an immaculate application of polish and a drop of Phenomen Oil for nourished nails and cuticles. Toe-tally worth it!

### Jessica Classic Pedicure + OPI Gelcolor 45mins - **£46.00**

### Jessica Luxury Spa Pedicure 1hr - **£47.00**

**A yummy treat for the feet!** Includes cuticle tidy and nails filed and shaped. Hard skin is removed with a foot rasp and feet are then soaked in the relaxing foot spa. Foot and leg exfoliation is then followed by a delightful foot massage. Finally your toe nails are immaculately polished.

### Jessica Luxury Spa Pedicure + OPI Gelcolor 1hr - **£53.00**

### Callus Heel Peel 30mins - **£25.00** - Add to any pedicure for an additional **£15.00**

**An efficient way of removing the build-up of hard, cracked or dry skin from your feet.**

- Achieve beautifully soft feet
- Callus Peel leaves your feet looking and feeling great

The Callus Peel Patch is applied to the area of hard skin then wrapped in cling film. After 10 minutes your technician will gently scrape away the hard skin with a foot rasp. Feet are then filed to remove any leftover hard skin. A rejuvenating cream is then applied to help keep feet feeling soft and supple.

### Soak off Treat & Tidy 30mins - **£22.50**

Includes removal of your gel polish, cuticle tidy plus an application of strengthener and oils to rejuvenate your nails.



MAKE IT EXTRA *luxurious*

Add a Callus Heel Peel to any  
pedicure for an additional **£15.00**





# Lipofirm Pro

Award winning Tri Lipo™ technology for unrivalled body contouring & skin tightening results

Lipofirm Pro uniquely combines TriLipo Radiofrequency (RF) with Dynamic Muscle Activation (DMA to deliver non-invasive fat removal, lymphatic drainage and skin tightening.

### How does it work?

Visit [bsmedispa.com](http://bsmedispa.com) for a detailed explanation on how it works.

### Does it hurt?

The effects of the DMA mean that you will feel your muscles contracting during your treatment. This sensation is a little strange, but not painful.

### Is it safe?

Lipofirm Pro treatment is perfectly safe and can be carried out on most people. Your therapist will carry out a detailed consultation to assess if you're suitable for treatment. Pacemakers, pregnancy & cancer in the last 5 years are all contra-indications to this treatment.

### When will I see results?

From the very first treatment.

### How many treatments will I need?

A course of 8 treatments is recommended to achieve the best results. Some clients may need more sessions but your therapist will discuss your own personal requirements with you.



### Why we love it

**30 minute treatment**  
 • No downtime • Instant results •  
 NON invasive • Ave 6-8 treatments

### Perfect for...

Focused Fat Reduction • Inchloss •  
 Body Sculpting • Cellulite •  
 Skin Tightening • Lifts & Firms •  
 Muscle Toning

### REAL RESULTS you can see



**Lipofirm Pro**  
 More results images can be viewed in our treatment gallery on page 54



Consultation & Trial Session 1hr - **£125.00**  
 (for your first treatment only)

Tummy Contour / Cellulite Eraser  
 Tummy Tuck / Buttock Lift  
 Thigh Firmer / Arm Contour  
 All 45mins - **£125.00**

Further course of 7 treatments  
 on all of the above (saving £125.00) **£750.00**

The LP Ultimate Body Solution 1hr 30min

Choose 2 areas **£188.00**  
 Choose 3 areas **£252.00**

NEW

# EMSCULPT®

The world's first and only non-invasive body shaping procedure to simultaneously build muscle and reduce fat

BTL EMSCULPT® is a revolutionary body shaping and fat reduction treatment that can 'bring back' your core, sculpt your abs and lift your bottom to the shape you desire, all with no downtime!

### About EMSCULPT®

Backed by multiple clinical studies EMSCULPT® works by directing highly focused electromagnetic energy to the targeted area to induce powerful muscle contractions that are not possible through exercise. Each contraction builds muscle and melts away fat cells. It is FDA-cleared for the improvement of the abdomen, buttock area, arms and legs. EMSCULPT® helps you achieve a whole new level of contouring results that are clinically proven to be superior to other body shaping methods.

### Loved by celebrities!

Celebrities all over the world have been using EMSCULPT® to visibly reduce fat and build muscle. From the Kardashians to Real Housewives, the results are instantly visible!

EMSCULPT® Consultation  
**£30.00** (redeemable against treatment)

EMSCULPT®  
 Cost per session - 45mins - **£325.00**  
 Cost per course of 4 session - 45mins each - **£990.00**

**94%**  
 patient  
 satisfaction

### Why we love it

Sculpt your abs - 20,000 sit-ups in 30 minutes • Average 16% increase in muscle mass • Average 19% fat reduction • Bum Lift - no squats required • No surgery, no downtime

### Perfect for...

Fat Reduction • Muscle Toning/  
 Building • Sculpting Abs  
 Toning Arms • Waist Contouring  
 Buttock Lift • Contouring Abs  
 Mummy Tummy • Building Calves





## Brows

Great brows will create lift, definition and take years off your face

**HD Brows\***  
30mins - **£36.00**

Each personalised brow begins with a consultation where our tech will consider your face shape, natural brow potential and the look you hope to achieve to create a brow that's tailored perfectly to you. Bold or a more natural-looking brow? Once decided your tech will custom blend our long-lasting tint to create the perfect shade to compliment your skin tone. Next she will apply the tint using a technique that will create a more shaped, fuller-looking, brow. The tint is then removed and the brow is waxed and threaded to achieve the neatest shape and finished with make-up products to complete the look.

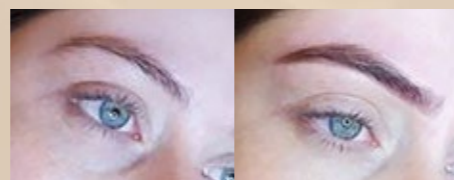
**Fluffy Brow\***  
45mins - **£43.00**

Also known as 'Brow Lamination' the Fluffy Brow creates natural looking, 'brushed-up' brows, creating the illusion of fuller, thicker, feathery arches whilst removing the need for constant grooming, tidying or applying makeup.

Perfect to correct over-plucked brows, hide gaps in hair growth, tidy unruly brows and disguise sparse brows – the Fluffy Brow is affordable, temporary (yet long-lasting) and non-invasive.

*\*Patch test required 48hrs prior to tinting. If 6 months or more have passed since your last tinting procedure at our salon it is essential to pop in and have a patch test – no appointment necessary.*

REAL RESULTS *you can see*



**HD Brows**

More results images can be viewed in our treatment gallery on page 55



## Lashes

Enhance your eyes with our choice of lash treatments

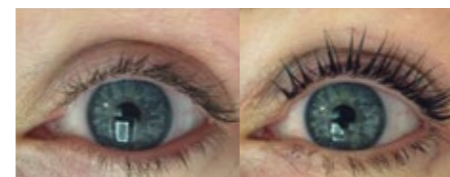
### Lash & Brow Tinting

Lashes and brows to frame your face perfectly

<b>Eyebrow Shaping</b>	<b>£14.75</b>
<b>Eyelash Tinting</b>	<b>£21.00*</b>
<b>Eyebrow Tinting</b>	<b>£14.45*</b>
<b>Eyelash Tint and Eyebrow Tint*</b>	<b>£30.00*</b>
<b>Eyebrow Shape, Eyelash &amp; Eyebrow Tint*</b>	<b>£34.50*</b>

*\*PLEASE NOTE: Patch test required 48hrs prior to tinting. If 6 months or more have passed since your last tinting procedure at our salon it is essential to pop in and have a patch test – no appointment necessary.*

REAL RESULTS *you can see*



**LVL Lash Lift**

More results images can be viewed in our treatment gallery on page 55



### LVL Lash Lift

**Achieve lash length, volume and lift all-in-one treatment**

LVL Lash Lift is an innovative treatment that gives length, volume and lift to your own lashes, giving your eyes a fabulous wide-awake appeal. An easy and fuss-free treatment with results lasting approx 6 weeks and no maintenance required.

What happens during a treatment?

A silicone shield is secured close to the base of the lashes then using a gel formulation the lashes are smoothed over the shield. A lifting balm with conditioning proteins is then applied for twelve minutes followed by a Volumising Fix to hold the lashes in place. This includes a Lash Tint to darken lashes. Finally lash revitaliser is applied to encourage good condition and growth.

**LVL Upper Lash Lift**  
45mins - **£58.00\***

**LVL Upper + Lower Lash Lift**  
60mins - **£66.00\***

*\*PLEASE NOTE: A skin test is required 48 hours prior to your appointment.*

### Ear Piercing

Sterex Sterile Ear Piercing using 24 carat gold plated or 9 carat solid gold studs.

- Only available for 5 years and older
- Safe, sterile ear piercing

**£40.00**



# Clarins Wellness, Massage & Body Care

Our relaxation massages are a great way to escape your every day worries and rejuvenate your body and mind

The use of Clarins exclusive skin care products, which use the exceptional aromatic and phytotherapeutic powers of essential oils, enable treatments to leave you feeling wonderfully rested and revived. Spoil your senses with one of these unforgettable massages.

## Clarins Aromatic Back, Face & Scalp Treatment

1hr - £60.00

**Combines a deeply relaxing back, neck and shoulder massage with a cleansing and exfoliating facial and a facial massage that uses Shiatsu pressure points.**

We commence your treatment with a deeply relaxing back, neck and shoulder massage to relax your mind and release tension in your muscles. Your massage is followed by a thorough facial cleanse and gentle exfoliation. You then enjoy a 30 minute lymphatic drainage, scalp and facial massage using Shiatsu pressure points. This treatment combines many elements to leave you looking and feeling revived.

## Clarins Hot Stone Massage

1hr - £65.00

**This uniquely personalised hot stone massage will gently release tension, soothe your aching muscles, eliminate toxins, rebalance energy levels and calm your mind and body.**

The secret is in the way our therapist uses her hands in harmony with 9 smooth, individually shaped, heat releasing marble and slate stones. It's a sensory journey in which the therapist first uses her hands and then the stones as an extension of her hands to rebalance the body's energy flow and relax muscles. Choose from a blend of deeply relaxing or super invigorating essential oils.

TAKE LUXURY *to your home*

**If you loved a product from your treatment, why not take one home with you today. Moments of luxury, every day.**



## Extra Relaxing Aroma Massage

1hr - £60.00

**A complete body massage that utilises Clarins pure aromatic oils to relax the mind and restore the body's equilibrium.**

This is the perfect antidote to a stressful lifestyle as it relaxes the mind, lifts the spirit and generally restores the body's equilibrium. Using Clarins pure aromatic oils containing Basil, Camomile and Hazelnut, deep tissue tension is eased away.

## Deep Tissue Massage/Sports Massage

1hr - £62.00

**The perfect solution for muscles that are tight and sore. Tackle those persistent knots and nagging aches and pains with an incredibly effective Deep Tissue or Sports Massage.**

By using slow massage strokes combined with a firm pressure this specialised technique will release tightness and tension from the deepest layers of muscle helping to ease aches and pains. Deep Tissue and Sports Massage are especially helpful for stiff necks, lower and upper back tightness, leg muscle tightness and sore shoulders.

## Deep Tissue Back Massage

30mins - £40.50

## Swedish Massage

1hr - £60.00

**A firm and invigorating massage to relieve muscle tension.**

This one-hour treatment works across the whole body to ease tight muscles, reducing tension, aches and pains. The perfect solution to persistent muscle knots that require a firm pressure to ease them away.

## Aromatic Back & Neck Massage

30mins - £35.00

**A wonderfully relaxing back and neck treatment with the added benefit of aromatic essential oils.**

This intensely therapeutic massage eases tense shoulders, releases muscle knots in the back and aids aches and pains. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of wellbeing. You will leave with your muscles feeling released and your mind feeling relaxed.

## Stress Buster

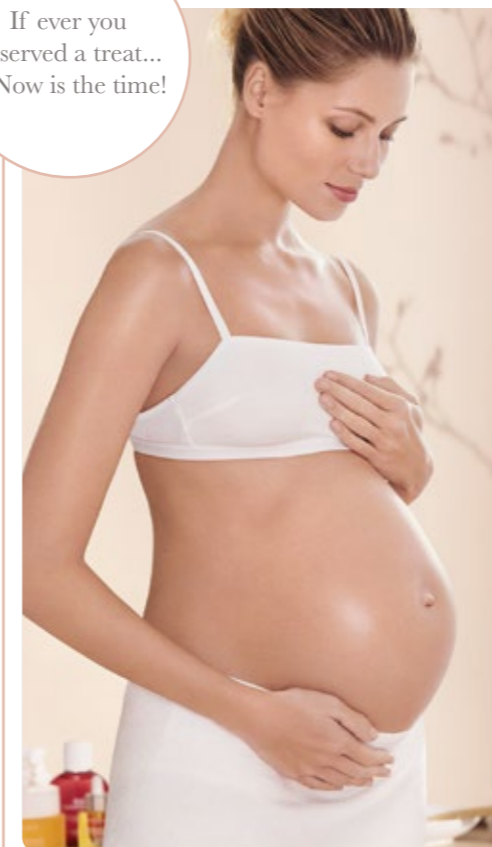
45mins - £49.00

**Tackle stress and tension head on with our phenomenal Stress Buster Massage. You'll reach new levels of relaxation!**

A wonderfully relaxing treatment to ease away built-up tension. Firstly your hands and feet are treated to a soothing massage, followed by a blissful shoulder, neck, face and scalp massage. The Stress Buster is ideal for anyone who suffers from stress and tension or struggles to relax.



**BE**  
If ever you  
deserved a treat...  
...Now is the time!



## Mother-to-be & New-Mum Pampering Face & Body Treatment

1hr 15mins - £69.00

**When you really need it most, we're here to make you feel a million dollars again with our gorgeous Pampering Face & Body Treatment.**

- Perfect for any mum-to-be or new-mum
- Blissfully relaxing
- Eases backache, fluid retention, stress, fatigue and tired legs
- Improves skin tone and elasticity

Pure indulgence for face and body, adapted to your pre and post-natal stage of pregnancy and how you look and feel. Afterwards, you'll feel energised and wonderfully relaxed, with baby-soft skin. You'll also benefit from one of our natural beauty secrets... Clarins universally acclaimed Tonic Body Treatment Oil, which helps to prevent the appearance of stretch marks.

**BE** BEAUTY STUDIO *loves*



## Treatment for Men

Take time out to relax and ease away the stresses and strains of everyday life with our great range of grooming and wellbeing treatments

Specifically designed for men. Each one is specifically formulated for men's skin and designed to restore balance, health and vitality.

### Ultra Relaxing Facial

1hr - **£58.00**

#### Soothe your mind and rejuvenate the skin.

This game changing facial works to soothe the mind and rejuvenate the skin. Offering a complete digital detox, it synergistically combines guided breathing exercises, deeply relaxing Ayuroma touch massage and calming essential oils to disconnect you from the stresses and strains of the outside world and reconnect you with yourself. The mind rebalances and refocuses, the skin loses tension lines and regains a relaxed radiance. Pure bliss!

### Muscle Ease Body Massage

1hr - **£60.00**

#### Deeply soothing therapeutic body massage.

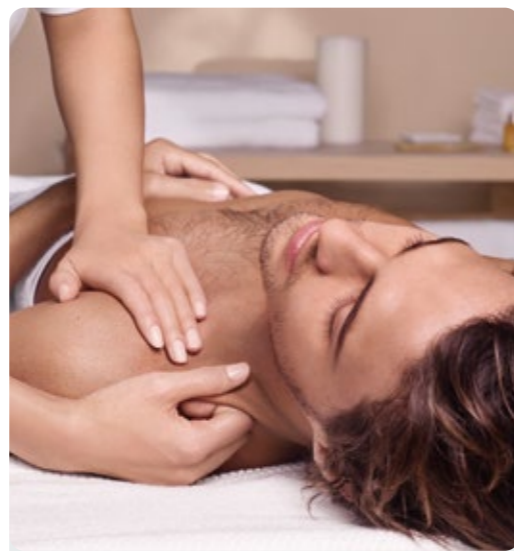
Whether you've overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and muscle aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of wellbeing.

### Deep Tissue Back Massage

30mins - **£40.50**

#### Suffering from tense shoulders and an aching back?

This intense regenerative massage eases stress-related knots and muscular tension. The calming aromatherapy oils and soothing aromatic vapours relieve over-active, stressed minds. Afterwards you feel rebalanced, refreshed and ready to take on the world.



### Super-Relax

1hr 30mins - **£88.65**

**The ultimate face and body therapy for men. Combines the Ultra Relaxing Facial with a Deep Tissue Back Massage.** Enjoy 90 minutes of pure relaxation! A superb remedy for today's stressful lifestyle.

### HAIR REMOVAL *for men*

Eyebrow Shape **£14.75**

#### Waxing

Back & Shoulder **£35.00**

Chest **£29.50**



## Treatment Packages

Treat yourself or someone special to one of our treatment packages at a discounted price

We've devised a selection of therapies to provide a holistic experience, bringing harmony to both mind and body. Our treatment packages provide the perfect mini-break for stressed bodies, leaving you with a sense of total wellbeing.



### Clarins & Jessica Total Indulgence Programme

2hrs 30mins - **£133.20**

A top-to-toe treatment starting with a blissfully relaxing Aromatic Back & Neck Massage to work magic on tense shoulder and neck muscles, followed by a Clarins Ultra Relaxing Facial to deep cleanse and restore the balance of your skin. Finished with a OPI Express Manicure and a Jessica Express Pedicure to leave your hands and feet looking and feeling beautiful. What a treat!

### Clarins & Jessica Stress Recovery Experience

3hrs - **£148.50**

For total relaxation, this therapeutic experience begins with a Clarins Extra-Relaxing Aroma Massage to soothe away tension and stress and rejuvenate the mind and senses. This is followed by a Clarins Ultra Relaxing Facial and finished with a Jessica Luxury Spa Pedicure to leave your feet looking and feeling beautiful. This gorgeous treatment restores your sense of wellbeing.

— BEAUTY STUDIO *loves* —

### Clarins Face & Body Ritual

2hrs - **£106.25**

For the ultimate face and body pamper a Clarins Ultra Relaxing Facial is combined with the powerful yet soothing effects of a Clarins Extra Relaxing Aroma Massage. 2 hours of pure relaxation.

*All the above treatments are featured in the catalogue and offered here at a discounted price. (Sorry, packages are carefully selected and cannot be altered). A 50% deposit is required when booking these packages.*



# Bespoke Permanent Makeup & Microblading

Wake up looking good-to-go every morning with Permanent Makeup

Offered with one of the most experienced and talented technicians in the country. Her artistic flair, perfectionism and expertise combine to give you outstanding results. No more smudges, mistakes or panda eyes – just perfect makeup!

Permanent Makeup offers many benefits...

**From accentuating your features, to infilling eyebrows that have been over-plucked. It's also an amazing solution for cancer patients who may have lost their brows and lashes during treatment. Permanent Makeup not only looks great, but it saves you time. No more fiddling around in front of the mirror trying to achieve the perfect eyeliner look. It's great for those who live an active lifestyle too – no smudged makeup in the gym or panda eyes in the swimming pool.**

What is Permanent Makeup?

Permanent Makeup is a state-of-the-art form of cosmetic tattooing. The technique deposits soft mineral pigment into the skin to enhance your features.

It's particularly helpful if you...

- Wish to save time each morning applying makeup
- Wear glasses and find it difficult to see when applying makeup
- Have an active lifestyle and want a water/ perspiration proof makeup solution
- Have alopecia or have undergone chemotherapy and lost some or all of your brow hair or lashes
- Have a medical condition that leaves you with unsteady hands making it difficult to apply your makeup

Does it look natural?

The most important thing to remember is that you are in control and can choose the look to suit you, from subtle and understated to more glamorous. Sandy always works with the philosophy that less is best so the colour and effect are built over two separate appointments ensuring a look that will always be as natural as you desire.

How long will it last?

Permanent Makeup can last for several years but this is dependent on various factors including skin type, sun exposure and lifestyle. Sandy recommends a colour refresher treatment every 12 to 18 months to 2 years to maintain perfect results. This is offered at up to a 50% reduction off the full price.

What if I don't like the results?

Sandy will spend time during your initial consultation and throughout your treatments to ensure that you receive the look that you desire.

Whether you are planning to come to The Beauty Studio MediSpa for your Permanent Makeup or go elsewhere, Sandy would always advise that your decision is not driven by price alone. The industry is largely unlegislated, so ensure you look for an experienced and highly qualified technician who can show you proven examples of their work.

How do I make an appointment?

A consultation charged at £35.00 is recommended prior to any booking (redeemable against treatment) during which the entire process will be explained and Sandy will draw on the suggested shape. A skin test will be carried out and the cost of your treatment will be confirmed.

Alternatively a consultation can be carried out at the time of your appointment and skin test sent in the post.



Why Choose Sandy?

Sandy Hamber is the Founder and Managing Director of *Beauty Studio MediSpa*, one of the longest established and leading salons in Essex. With over 20 years' professional aesthetic Permanent Makeup experience. Sandy is one of the most talented technicians in the country, only a handful of technicians can match her experience and knowledge.

Sandy provides not just beautiful and totally safe permanent cosmetic enhancements but has a unique approach gained from training in many different techniques over the years. With the successful treatment of over 2000 clients, her accumulated knowledge, experience and skill guarantee beautiful results. Sandy is approachable, friendly and understanding, ensuring that her clients feel relaxed, reassured and comfortable.



# Eyes

## Perfect eyes everyday

With Sandy's Permanent Eyeliner techniques you can have thicker looking lashes, more defined eyes or the 'made up' liquid-liner look' all day every day.

With a choice of either top, bottom or both eyelids you can opt for a more subtle lash enhancement (a fine line of pigment through the lash line) or alternatively a thicker and more noticeable eyeliner.

The eyeliner pigments used are the finest, medical grade mineral pigments, which are hypoallergenic and perfect for sensitive eyes or contact lens wearers.

Everything is discussed and penciled on prior to starting your eyeliner procedure ensuring you are totally happy with the shape and colour of your eyeliner. Sandy then checks many times throughout the procedure that you are happy with the look being created.

### Lash Enhancement

**A fine line of pigment through the lash line.**

Lash enhancement - upper lid **£195.00**

Lash enhancement - lower lid **£140.00**

Lash enhancement - upper and lower lid  
**£260.00**

### Eyeliner

**Choose soft Eyeliner to gently enhance your eyes or for a bolder, more defined line, opt for our more intense look.**

Fine to medium Eyeliner - upper lid **£230.00**

Fine to medium Eyeliner - lower lid **£200.00**

Fine to medium Eyeliner - upper and lower lid  
**£380.00**

Intense Eyeliner - upper lid **£300.00**

Intense Eyeliner - lower lid **£230.00**

Intense Eyeliner - upper and lower lid **£450.00**

*All prices include follow-up appointment.*

### Maintaining Perfect Eyeliner & Eyelash Enhancement

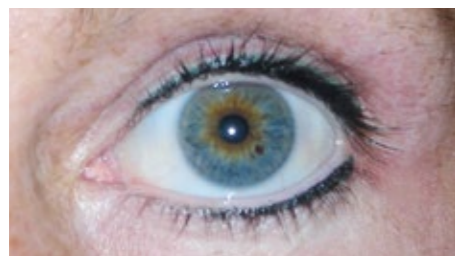
#### Colour Refresh

**As the pigments fade a Colour Refresh is recommended every 1-2 years to keep your Eyeliner looking new. This is offered at a 40% discount.**

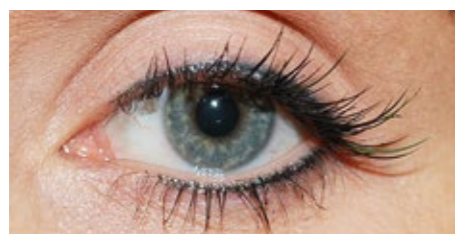
As a welcome back reward for clients who have not visited Sandy for Permanent Make-up for over two years, we are offering **10% off** any Permanent Makeup treatments.

*Terms & Conditions apply.*

### REAL RESULTS *you can see*



Permanent Eyeliner



Permanent Eyeliner



### WHAT OUR *clients say*

*'I'm getting older and putting eyeliner on is a pain. I can't see as well, my hand is not so steady and my skin is more wrinkled, but I love wearing eye make up. I thought I'd give the eyeliner a go - it is fantastic and saves me about 20 minutes each morning. Sandy drew on what she thought looked right, we tweaked it a bit, she put the anesthetic on and in just over an hour it was done. No pain at all, just a slight vibration feeling and it looks lovely. Sandy did a really professional job and it is well worth the money.'* Jan O'C





# Brows

## Perfect Brows everyday

You can have perfect eyebrows every day with Sandy's advanced Permanent Makeup/Microblading techniques. Beautifully shaped eyebrows frame your eyes and make you look younger.

Brows are Sandy's speciality and she offers a comprehensive choice of Permanent Makeup eyebrow techniques. You'll be amazed at how natural and realistic they look.

### Powdered Brows

**£400.00** - includes follow-up appointment

**For the ultimate statement look opt for our shading technique to achieve a bolder 'made-up' brow effect.** Helping your brows to become more symmetrical and in a blended colour of your choice.

### Microblading Brows

**£525.00** - includes follow-up appointment

**Using a state of the art microblading tool, tiny precision hair strokes are created by hand, mimicking the natural direction and lengths of your brows.** Pigments are then implanted into the channels created by the microblades in the dermal layer of the skin. The sensation is similar to a little scratch but you should not feel any discomfort. As with the permanent makeup treatment the area will look 20-30% darker than the colour you have chosen in consultation, but this will fade within a week to reveal your chosen colour. The treatment generally takes around 1½ -2 hours and will leave you with highly defined, ultra-realistic looking brows.

### MicroBrow (Ultra Fine Hair Strokes)

**£525.00** - includes follow-up appointment

**Using an advanced tattoo technique to create ultra-fine and natural individual hair strokes that imitate real hairs perfectly.** Each hair stroke follows the shape, growth and direction of your natural hairs to create a beautifully natural brow that will give your whole face definition. This technique is also perfect for clients who have very little or no natural hairs.

### Maintaining Perfect Brows

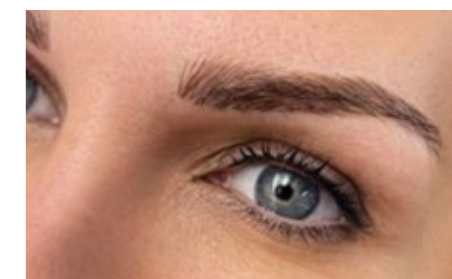
#### Colour Refresh

**As the pigments fade a Colour Refresh is recommended every 1-2 years to keep your Brows looking new. This is offered at a 40% discount.**

As a welcome back reward for clients who have not visited Sandy for Permanent Makeup for over 2 years, we are offering **10%** off any Permanent Makeup treatment.

*Terms & Conditions apply.*

### REAL RESULTS *you can see*



Microblading Brows



### Were you a plucky teenager?

Fashion and experimenting left many women with only a few hairs where their eyebrows used to be. Are you one of those over-pluckers? Well, now you can forget spending every day trying to pencil on natural looking and symmetrical brows. After a brow enhancement with Sandy your brows will be perfectly shaped and look completely natural at all times.



### Look younger instantly

Some women have a naturally low brow, which can then droop with age making them feel their eyes look saggy. This can be re-corrected with Permanent Makeup by repositioning the brow and giving the impression of an eyelift but without the worry of surgery.



# Lips

## Perfect Lips everyday

Sandy's Permanent Makeup Lip Treatment achieves a perfectly shaped and tinted lip without a harsh lip line border, giving you shapely, full lips all day every day!

Permanent Makeup is the perfect way to restore the shape and fullness often lost with age and transform thin or uneven lips.

Pigment is chosen from a range of fabulous shades, to either blend with your natural lip colour or to match your favourite lipstick. It is then infused onto your lips to give an airbrushed effect. Kiss proof, drink proof and smudge proof and as subtle or bold as you desire.

### Lip-Liner (Fine line)

**£325.00** - includes follow-up appointment

**Lips are outlined to create definition and improve the shape and symmetry.**

### Lip Contour Blush

**£425.00** - includes follow-up appointment

**Lips are outlined to create definition and improve shape and symmetry.**

The lip-line is then blended into the lip to create a softer, more natural effect.

### Lip-Blush

**£610.00** - includes follow-up appointment

**Lips are outlined to enhance and lift the shape.**

The colour is then blended towards the middle of the lips to create a haze of colour. Lip-Blush creates full lips, which look soft and natural giving more shapely, fuller looking lips. Lip-Blush is especially effective for lips that have lost their definition through the ageing process. The colour chosen can match your lip shade or your favourite lipstick.

### Maintaining Perfect Lips

**As the pigments fade a Colour Refresh is recommended every 2-3 years to keep your lips looking new - this procedure is offered at a 40% discount.**

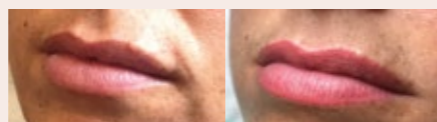
As a welcome back reward for clients who have not visited Sandy for Permanent Make-up for over 2 years, we are offering **10% off** any Permanent Makeup treatment.

*Terms & Conditions apply.*

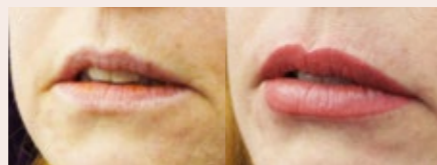
*Please Note:*

- Cold sore sufferers should embark on a course of anti-viral cold sore medication prior to starting their treatment.
- Colour will be much more intense for the initial few days after treatment.

### REAL RESULTS *you can see*



Lip Blush



Lip Blush





Skin Health & Aging Well Facials | From page 4 - 23

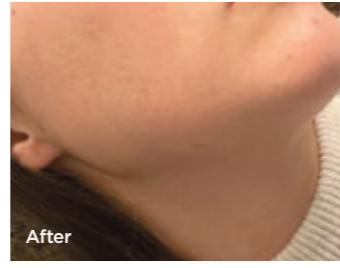
Signature Vitamin C Enzyme Peel & Laser Genesis - Rosacea



Acne Lift Peel & Laser Genesis



Acne Peel



Skin Health & Aging Well | From page 4 - 23

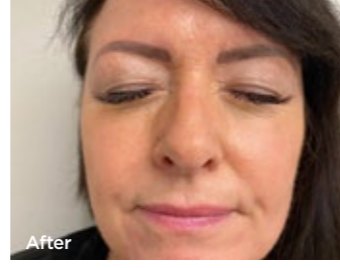
Acne Lift Skin Peel



Geneo - Super Facial

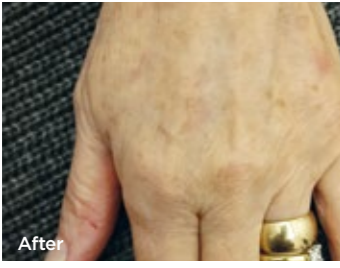


LIMELIGHT - Veins & Pigmentation

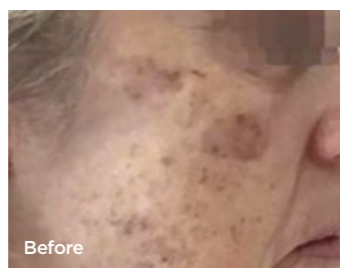


Skin Health & Aging Well | From page 4 - 23

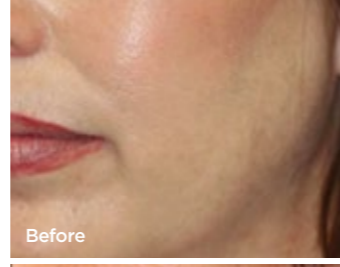
LIMELIGHT - Sunspots



LIMELIGHT - Pigmentation



LIMELIGHT Pigmentation & Skin Rejuvenation

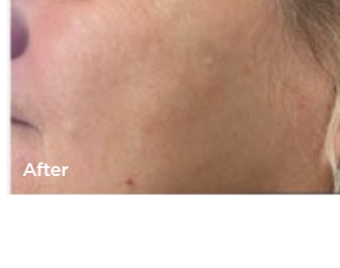
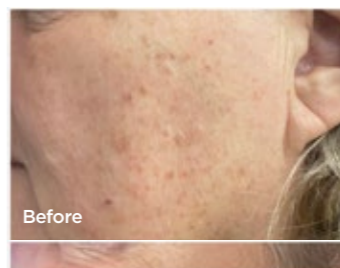


Skin Health & Aging Well | From page 4 - 23

LIMELIGHT Broken Capillaries & Skin Rejuvenation



LIMELIGHT Pigmentation

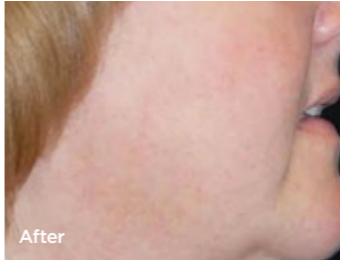


Laser Genesis - Scarring



Skin Health & Aging Well | From page 4 - 23

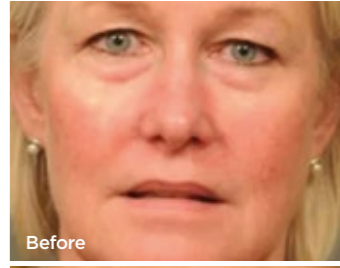
Laser Genesis - Facial Redness & Flushing



Laser Genesis - Active acne

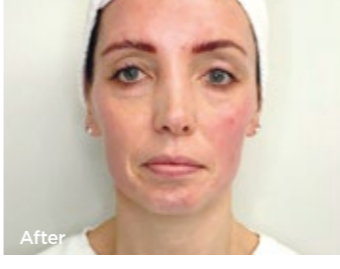
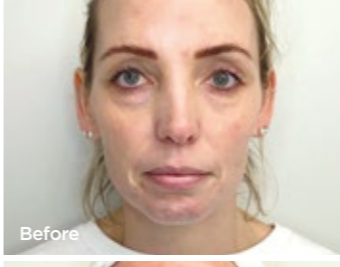


Laser Genesis - Rosacea

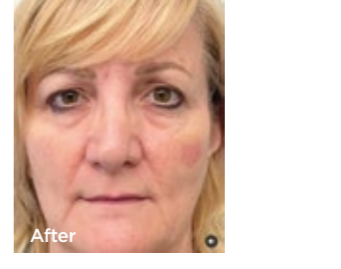
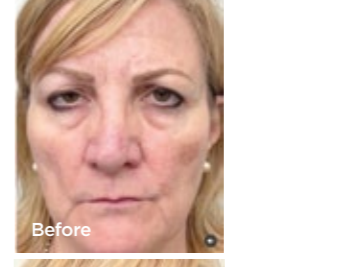


Skin Health & Aging Well | From page 4 - 23

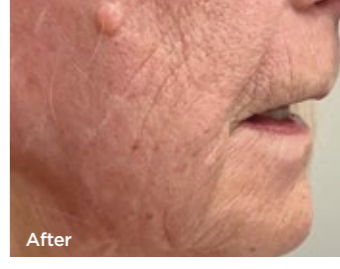
Lightening Lift Peel & Laser Genesis



Absolute RF Facial



Absolute RF Facial



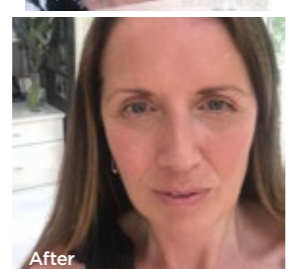
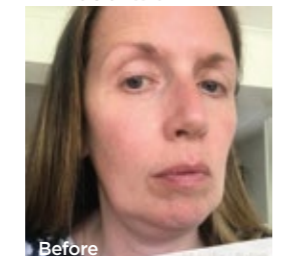


Skin Health & Aging Well | From page 4 - 23

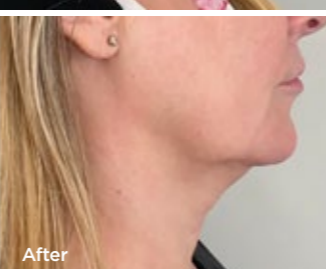
Absolute RF Facial & Profhilo®



Tri Polar Radio Frequency Facial with DMA

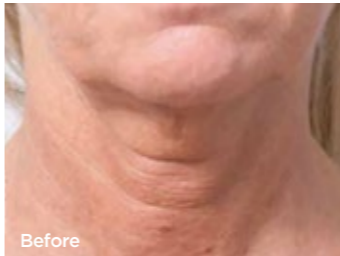


Tri Polar Radio Frequency Facial with DMA

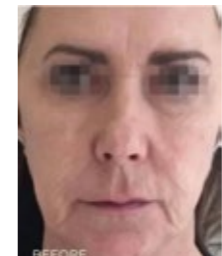


Skin Health & Aging Well | From page 4 - 23

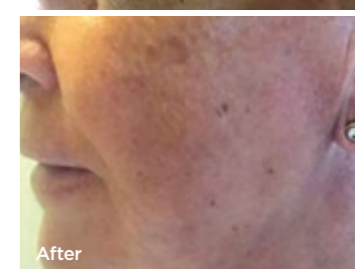
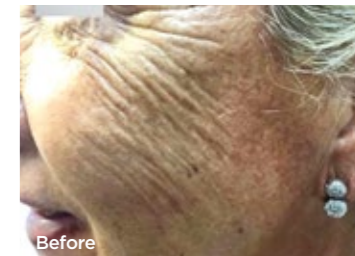
Profhilo® Neck Lift



Profhilo®



Profhilo®



Skin Health & Aging Well | From page 4 - 23

Tri Polar Radio Frequency Facial with DMA



Plasma Pen - Hooded Eyelids

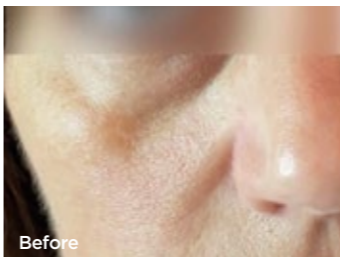


Plasma Pen - Hooded Eyelids

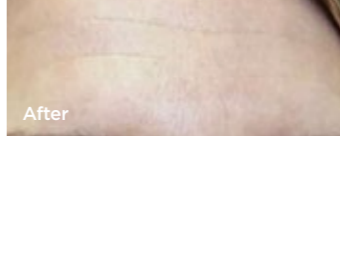
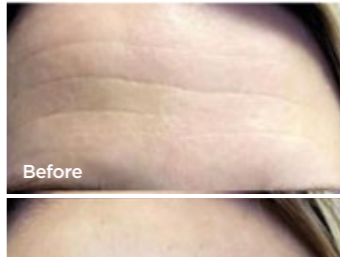


Skin Health & Aging Well | From page 4 - 23

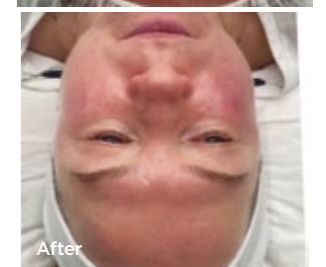
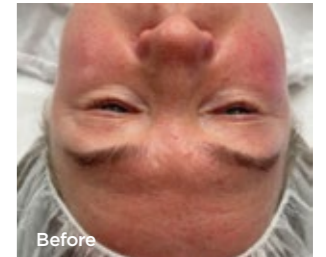
SuneKos Dark Circles



SuneKos Forehead Lines

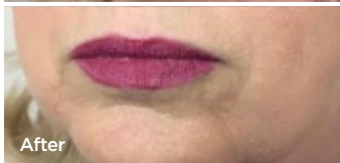
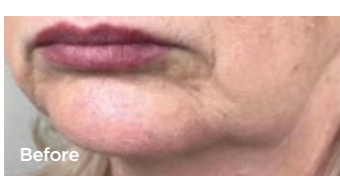


HydraFacial - Personalise

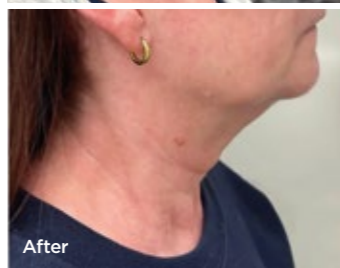


Skin Health & Aging Well | From page 4 - 23

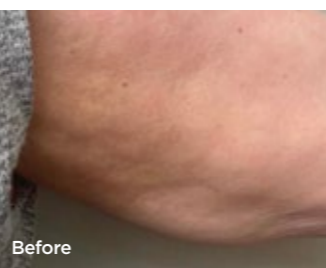
Plasma Pen Jowl Lift



Plasma Pen Jowl & Neck Lift & Profhilo

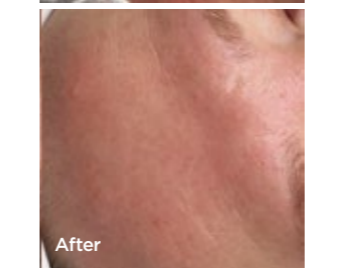
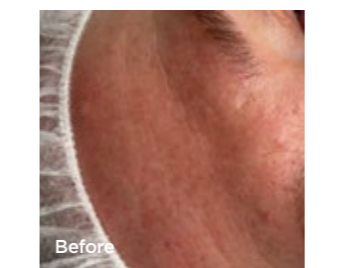


Plasma Pen - Upper Arm Lift

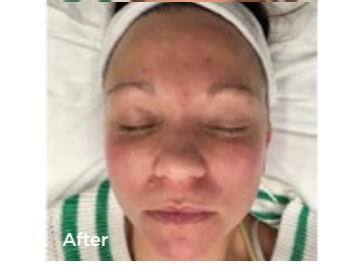
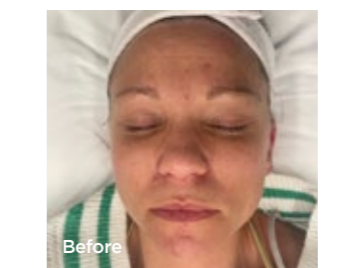


Skin Health & Aging Well | From page 4 - 23

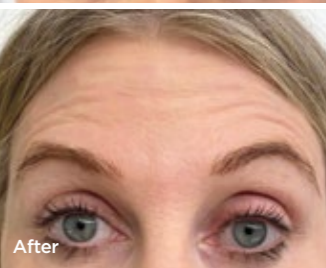
HydraFacial - Personalise



HydraFacial - Platinum



Botox



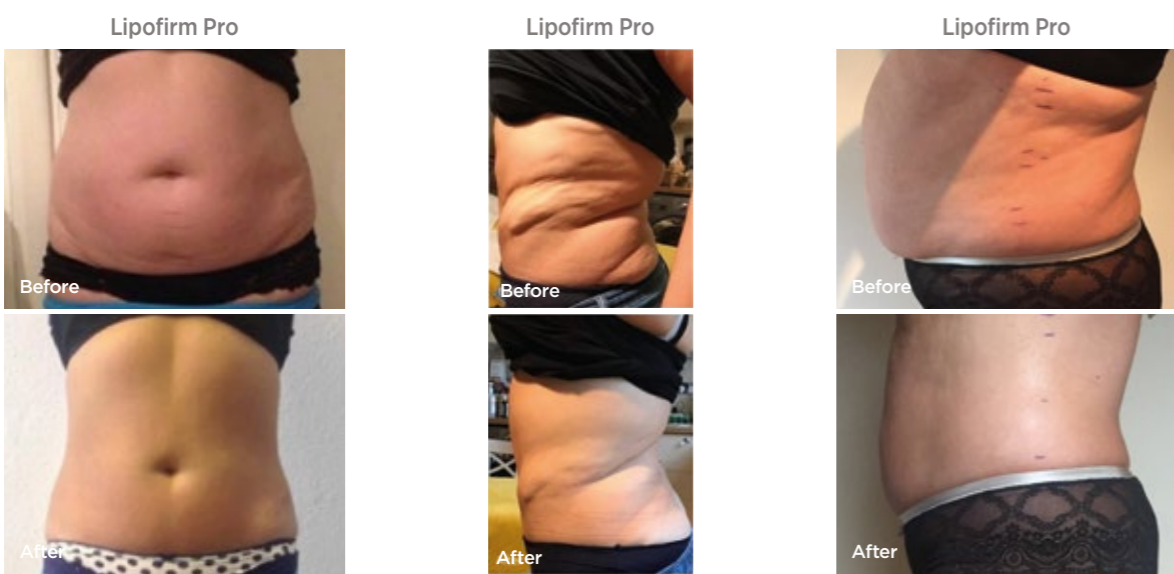
Aesthetics | Page 26



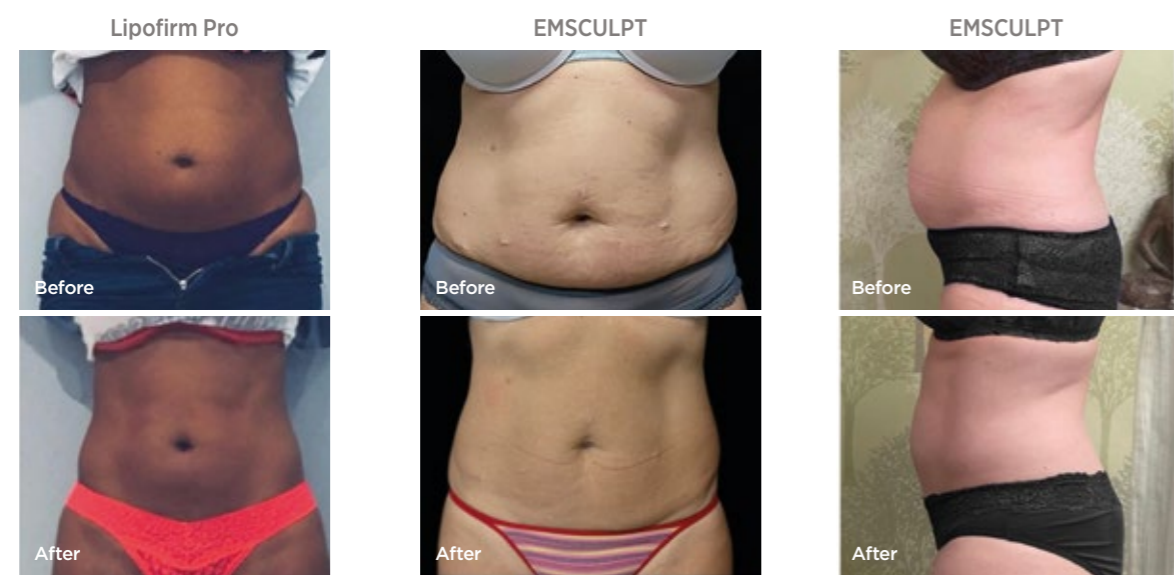
Body Care & Slimming | Page 34



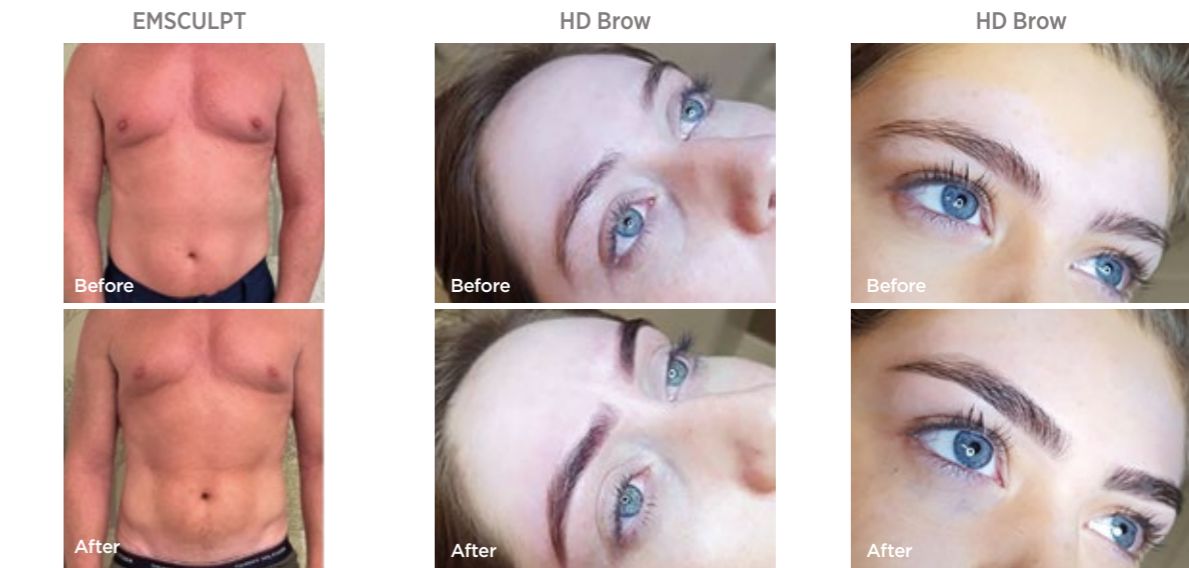
Body Care & Slimming | Page 34



Body Care & Slimming | Page 34 & 35



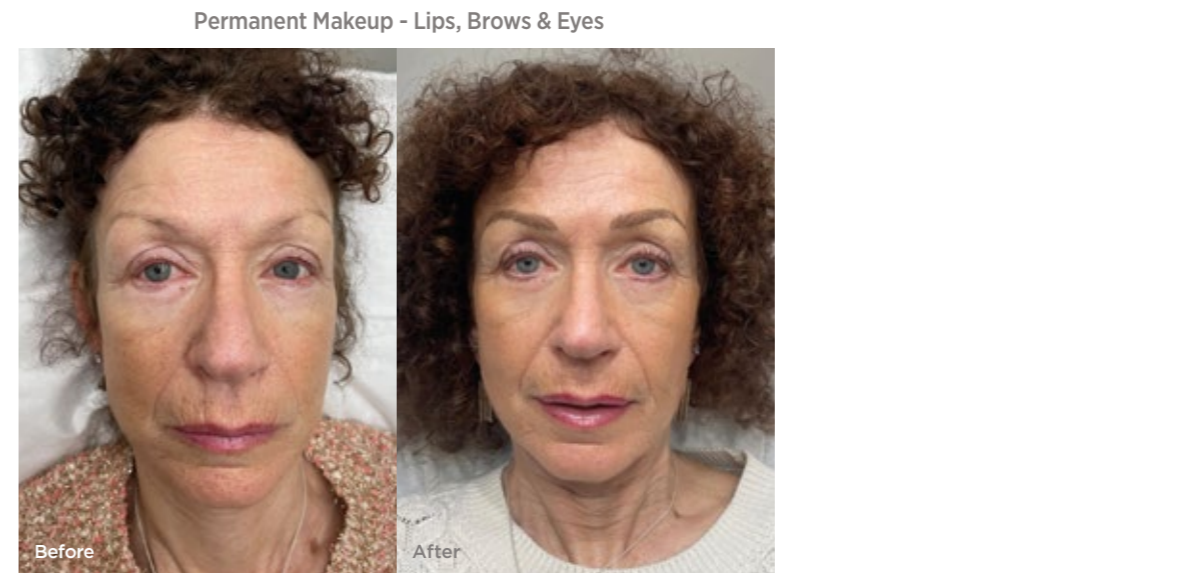
Body Care & Slimming | Lashes & Brows | Page 36



Lashes & Brows | Page 36 | Permanent Makeup | Page 42



Permanent Makeup | Page 42





# Easy Treatment Guide

We get it: with so many fantastic treatments on offer, it can be tricky to determine which is best for your concerns.

Booking a **Bespoke Skin Consultation** with one of our in-house experts is always recommended, as they can advise on which solutions are ideal for optimum outcomes. But, before then, this handy reference guide allows you to quickly find an effective solution for your needs.

## Acne / Blemished Skin

Laser Genesis (P12) | AlumierMD Peel (P7)  
Teen Facial (P4)

## Acne Scarring

Laser Genesis (P12) | Absolute RF Facial (P14) | Plasma Pen (P16)

## Blocked Pores / Blackheads

HydraFacial (P18) | AlumierMD Peels (P7)  
Teen Facial (P4)

## Pigmentation / Sun Spots / Sun Damaged Skin

Limelight (P10) | AlumierMD Skin Peel (P7)  
IMAGE Illuminating Facial (P4)  
GeneO+ Super Facial (P8)  
HydraFacial Personalised (P18)

## Melasma

AlumierMD Skin Peels (P7)  
Laser Genesis (P12)

## Redness / Facial Flushing / Facial Veins

Limelight (P10) | Laser Genesis (P12)  
Signature Lift Enzyme Peel (P4)

## Dark Under Eye Circles

SuneKos (P23)

## Hooded Eye Lids / Crepey Eye Area

Plasma pen (P16) | BOTOX (P26)

## Puffy Eye Bags

Plasma Pen (P16)

## Rosacea

Laser Genesis (P12) | Signature Lift Enzyme Peel (P4) | Limelight (P10)

## Sagging Jowls / Loss of Firmness / Double Chin

Absolute RF + DMA (P14) | Tri Polar Facial + DMA (P14) | SuneKos (P23) | Profhilo (P22) | Plasma Pen (P16) | BOTOX (P26)

## Crepey Neck / Neck Bands

SuneKos (P23) | Profhilo (P22)  
Plasma Pen (P16) | Absolute RF (P14)  
Tri Polar Facial (P14)

## Lines Arouns Mouth / Smokers Lines

Plasma Pen (P16) | Dermal Fillers (P27)

## Dehydrated / Dry / Dull Skin Lacking Radiance

HydraFacial (P18)  
Geneo + Super Facial (P8) | Profhilo (P22)  
Clarins Radiance Booster (P5)

## Loss of Facial Volume

Dermal Fillers (P27) | SuneKos 1200 (P23)  
Tri Polar RF + DMA (P14)

## Aged Skin

Tri Polar RF Facial (P14)  
Absolute RF Facial (P14) | Geneo+ Super Facial (P8) HydraFacial Personalise (P18)  
Laser Genesis (P12) | Profhilo (P22)  
SuneKos (P23)

## Recommendations

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## Contact Us

Tel: 01277 230 330

Website: [bsmedispa.com](http://bsmedispa.com)

To book appointments or questions  
for our reception team email  
[manager@bsmedispa.com](mailto:manager@bsmedispa.com)

### Our Address

The Beauty Studio MediSpa  
31 Hutton Road  
Shenfield  
Essex CM15 8JU

### Opening Hours


Monday to Thursday – 9am to 8pm

Friday – 9am to 6pm

Saturday – 9am to 5pm.

### Follow us on Facebook & Instagram

 TheBeautyStudioMediSpa

 @thebeautystudiomedispa

For customer feed back and enquiries email  
[info@bsmedispa.com](mailto:info@bsmedispa.com)

### Gift Vouchers

If you are looking for the perfect gift for a friend or relative then look no further! A Beauty Studio MediSpa Gift Voucher is the ideal solution.

- Redeemable against treatments and products
- Available on-line directly from our website or in-salon
- Gift Vouchers are valid for 12 months from the date of issue

### Online Booking

Our online booking system is a great time-saver. Go to our website at [bsmedispa.com](http://bsmedispa.com)

### Tips & Etiquette

**Cancellation Policy** – We know sometimes cancellations cannot be avoided, but if less than 48 hours notice is given to cancel or re-schedule an appointment we reserve the right to charge 50% of the treatment fee.

**Pregnancy & Medication** – Please advise at the time of booking if you are either pregnant, taking medication or undergoing medical treatment to avoid disappointment.

**Arrival** – Try to arrive 5 minutes before your appointment time, this is your special time to unwind and relax. If it is your first visit to The MediSpa you will need to complete a short questionnaire including your contact details.

### Booking Appointments

**Appointments are subject to a 50% booking fee required at the time of booking.**

**Mobile Phones** – At The MediSpa we strive to provide a relaxing, soothing experience from the moment you arrive until the moment you leave. Please help us preserve a tranquil environment by switching off your mobile phone before entering the salon.

**Valuables** – Prior to certain treatments you may be asked to remove items of jewellery. Please ensure you retrieve all your valuables before leaving the premises, as we cannot be held responsible for lost items.

**Children** – The MediSpa environment is not suitable for small children, please arrange for them to be cared for elsewhere while you come and have some well deserved time to yourself.



A unique  
experience  
leaving you feeling  
relaxed with a  
wonderful sense  
of wellbeing

We look forward to  
welcoming you soon

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01277 230 330 • [bsmedispa.com](http://bsmedispa.com)

31 Hutton Road, Shenfield, Essex CM15 8JU

 **FACEBOOK** [TheBeautyStudioMediSpa](https://www.facebook.com/TheBeautyStudioMediSpa)

 **INSTAGRAM** [@thebeautystudiomedispa](https://www.instagram.com/thebeautystudiomedispa)